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IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant : Mark Abbou Date: FEBRUARY 23, 2006
Serial No. : 10/692,078 Art Unit: 3764
Filed : October 23, 2003 Examiner: Lori Baker Amerson
For : ASSISTING IN THE EXECUTION
OF A SQUAT EXERCISE Docket No. A-03.14

AMENDMENT

Commissioner for Patents
P.O. Box 1450
Alexandria, VA 22313-1450

Honorable Sir:

In response to the Examiner's letter of November 29, 2005,
please amend the application as follows:

Amendments to the Claims are reflected in the listing of claims
which begins on page 2 of this paper.

Remarks/Arguments begin on page 11 of this paper.